

# General Mental Health and Substance Abuse Range of Services

Prevention

Intervention

Treatment

Aftercare

PREVENTION & EDUCATION	INTERVENTION	TREATMENT & ON-GOING SERVICES	AFTERCARE
<ul style="list-style-type: none"> <li>• <b>Information Resources:</b> Provides information to the consumer; Directory listings, Sources of how people understand how and where to get help</li> <li>• <b>Campaigns:</b> Promotion of mental health awareness and alliance among the community and mental health agencies</li> <li>• <b>Employee Assistance Programs (EAP):</b> Employee programs which support mental health</li> <li>• <b>Training &amp; Education:</b> Education about mental health and addiction</li> <li>• <b>Screenings:</b> Tools to identify mental health and addiction issues</li> <li>• <b>Financial Resources:</b> Sources of financial funding and grants to support mental health services</li> <li>• <b>Legal Resources:</b> Sources of legal support and assistance to support mental health issues</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Detox:</b> Detox unit</li> <li>• <b>Behavioral Health Evaluation &amp; Testing:</b> Evaluations and testing for intellectual functioning, ADHD, Learning disabilities</li> <li>• <b>Crisis Services:</b> 24/7 on call crisis team</li> <li>• <b>Assessment and Referral:</b> Identify needs and refer to appropriate resource</li> </ul>	<ol style="list-style-type: none"> <li>1. <b><u>INPATIENT</u></b> Psychiatric hospitalization, rehabilitation programs</li> <li>2. <b><u>OUTPATIENT</u></b> Services supporting mental health and addiction treatment outside of hospitalization:               <ul style="list-style-type: none"> <li>• <b>Counseling Services:</b> Licensed psychotherapists, psychologists</li> <li>• <b>Medication Management:</b> Psychiatrists, nurse practitioners provide and oversee medication services</li> <li>• <b>Intensive Outpatient:</b> Services between hospitalization and stabilization for pre/post crisis include partial programming, acute programming for Drug &amp; Alcohol and/or Mental Health</li> <li>• <b>Coaching:</b> Business &amp; personal coaching</li> <li>• <b>Peer Counseling:</b> Individuals trained to support others suffering from mental illness or addiction through education, one-to-one counseling, or self help groups</li> </ul> </li> </ol>	<ul style="list-style-type: none"> <li>• <b>Support Groups:</b> Groups support mental health or drug and alcohol services</li> <li>• <b>Case Management:</b> Advocacy, communication, and resource management supporting continued stabilization and quality care</li> <li>• <b>Stabilization Services:</b> Community and supplementary programs and services for continued stabilization and quality care of consumer.</li> </ul>

# Pitkin County- Mental Health Services for Adults – (see directory below for links)

Prevention

Intervention

Treatment

Aftercare

PREVENTION & EDUCATION	INTERVENTION	TREATMENT & ON-GOING SERVICES	AFTERCARE
<ul style="list-style-type: none"> <li>• <b>Information Resources</b> - A Way Out; Hope Center; NAMI; TRIAD; Aspen Strong; Mind Springs Health (Aspen &amp; GWS)</li> <li>• <b>Campaigns</b> - A Way Out; Hope Center; NAMI; TRIAD; Mind Springs Health; Whole Health</li> <li>• <b>Employee Assistance Programs (EAP)</b> - Hope Center; TRIAD; Mind Springs Health ASPEN</li> <li>• <b>Training &amp; Education</b> - A Way Out; Hope Center; NAMI; TRIAD; Mind Springs Health (Aspen and GWS)</li> <li>• <b>Screenings</b> - Hope Center; TRIAD; Aspen Strong; Mind Springs Health (Aspen &amp; GWS)</li> <li>• <b>Financial Resources</b> - Aspen Community Foundation; A Way Out; Hope Center; TRIAD; Aspen Strong; Mind Springs Health (Aspen &amp; GWS)</li> <li>• <b>Legal Resources</b> - TRIAD</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Detox</b> Mind Springs Health (Aspen); Hope Center (Xgames)</li> <li>• <b>Behavioral Health Evaluation &amp; Testing</b> TRIAD; Mind Springs Health (Aspen &amp; GWS)</li> <li>• <b>Crisis Services</b> Hope Center; TRIAD; Mind Springs Health (Aspen &amp; GWS)</li> <li>• <b>Assessment and Referral</b> Hope Center; TRIAD; Mind Springs Health (Aspen &amp; GWS); Whole Health</li> </ul>	<ol style="list-style-type: none"> <li>1. <b><u>INPATIENT</u></b> <ul style="list-style-type: none"> <li>• <b>Hospitalization</b> West Springs Hospital; Transitions/Stabilization Unit</li> <li>• <b>Rehabilitation</b> NA</li> </ul> </li> <li>2. <b><u>OUTPATIENT</u></b> <ul style="list-style-type: none"> <li>• <b>Counseling Services</b> Hope Center; TRIAD; Mind Springs Health (Aspen &amp; GWS)</li> <li>• <b>Medication Management</b> Hope Center; Mind Springs Health (Aspen &amp; GWS)</li> <li>• <b>Intensive Outpatient</b> Hope Center; Mind Springs Health (Aspen)</li> <li>• <b>Coaching</b> Hope Center; TRIAD</li> <li>• <b>Peer Counseling</b> Hope Center; NAMI; Mind Springs Health (Aspen &amp; GWS)</li> </ul> </li> </ol>	<ul style="list-style-type: none"> <li>• <b>Support Groups</b> Hope Center; NAMI; Mind Springs Health (Aspen &amp; GWS)</li> <li>• <b>Case Management</b> Hope Center; TRIAD; Mind Springs Health (Aspen &amp; GWS)</li> <li>• <b>Stabilization Services</b> Hope Center; Mind Springs Health (GWS)</li> </ul>

# Pitkin County- Drug & Alcohol Services for Adults– (see directory below for links)

Prevention

Intervention

Treatment

Aftercare

PREVENTION & EDUCATION	INTERVENTION	TREATMENT & ON-GOING SERVICES	AFTERCARE
<ul style="list-style-type: none"> <li>• <b>Information Resources</b> - A Way Out; Aspen Hope Center; TRIAD EAP; Aspen Strong Foundation; Mind Springs Health; West Springs Hospital</li> <li>• <b>Campaigns</b> - A Way Out; Whole Health</li> <li>• <b>Employee Assistance Programs (EAP)</b> - TRIAD EAP; Mind Springs Health</li> <li>• <b>Training &amp; Education</b> - A Way Out; Aspen Hope Center; TRIAD EAP; Mind Springs Health</li> <li>• <b>Screenings</b> – A Way Out; Aspen Hope Center; TRIAD; Aspen Strong; Mind Springs Health; West Springs Hospital</li> <li>• <b>Financial Resources</b> - Aspen Community Foundation; A Way Out; TRIAD; Aspen Strong; Mind Springs Health; West Springs Hospital</li> <li>• <b>Legal Resources</b> - N/A</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Detox</b> Mind Springs Health; Hope Center (Xgames)</li> <li>• <b>Behavioral Health Evaluation &amp; Testing</b> A Way Out; TRIAD; West Springs Hospital</li> <li>• <b>Crisis Services</b> A Way Out; Mind Springs Health; West Springs Hospital</li> <li>• <b>Assessment and Referral</b> A Way Out; Hope Center; TRIAD; Mind Springs Health; West Springs Hospital; Whole Health</li> </ul>	<ol style="list-style-type: none"> <li>1. <b><u>INPATIENT</u></b> <ul style="list-style-type: none"> <li>• <b>Hospitalization</b> West Springs Hospital; Transitions/Stabilization Unit</li> <li>• <b>Rehabilitation</b> NA</li> </ul> </li> <li>2. <b><u>OUTPATIENT</u></b> <ul style="list-style-type: none"> <li>• <b>Counseling Services</b> A Way Out; TRIAD; Mind Springs Health</li> <li>• <b>Medication Management</b> A Way Out; Mind Springs Health; West Springs Hospital</li> <li>• <b>Intensive Outpatient</b> Hope Center</li> <li>• <b>Coaching</b></li> <li>• <b>Peer Counseling</b> A Way Out; Mind Springs Health; West Springs Hospital</li> </ul> </li> </ol>	<ul style="list-style-type: none"> <li>• <b>Support Groups</b> Mind Springs Health; West Springs Hospital</li> <li>• <b>Case Management</b> A Way Out; TRIAD; Mind Springs Health; West Springs Hospital</li> <li>• <b>Stabilization Services</b> A Way Out; Mind Springs Health; West Springs Hospital GWS)</li> </ul>

# Pitkin County Mental Health and Substance Abuse Services- Primary Contacts for Adult Services

Agency Name	Phone Number	Website
A Way Out		<a href="http://www.awayout.org">www.awayout.org</a>
Aspen Community Foundation	970-925-9330	<a href="http://www.aspencommunityfoundation.org">www.aspencommunityfoundation.org</a>
Aspen Hope Center	970-456-2829 970-925-5858 (crisis)	<a href="http://www.aspenhopecenter.org">www.aspenhopecenter.org</a>
Aspen Strong		<a href="http://www.aspenstrong.org">www.aspenstrong.org</a>
Mind Springs Health-Aspen	970-920-5555 888-207-4004 (crisis)	<a href="http://www.mindspringshealth.org/treatment/locations/aspen">www.mindspringshealth.org/treatment/locations/aspen</a>
Mind Springs Health –Glenwood	970-945-2583 888-207-4004 (crisis)	<a href="http://www.mindspringshealth.org/treatment/locations/glenwood-springs">http://www.mindspringshealth.org/treatment/locations/glenwood-springs</a>
NAMI-Roaring Fork Valley	970-618-7779	<a href="http://www.nami.org/Local-NAMI/Details?state=CO&amp;local=cbb37750-b2dc-4577-98e1-a7134f572ff3">http://www.nami.org/Local-NAMI/Details?state=CO&amp;local=cbb37750-b2dc-4577-98e1-a7134f572ff3</a>
Triad- EAP	970-242-9536	<a href="http://www.triadeap.com">www.triadeap.com</a>
West Springs Hospital	970-384-3035 888-207-4004 (crisis)	<a href="http://www.mindspringshealth.org/treatment/west-springs-hospital">http://www.mindspringshealth.org/treatment/west-springs-hospital</a>
Whole Health		

# Pitkin County- Mental Health & Substance Use Services for Youth– (see directory below for links)

Prevention	Intervention	Treatment	Aftercare
PREVENTION & EDUCATION	INTERVENTION	TREATMENT & ON-GOING SERVICES	AFTERCARE
<ul style="list-style-type: none"> <li>• <b>Aspen Hope Center</b>- suicide awareness class for grades 8-12; MH program in Basalt</li> <li>• <b>Aspen School District</b>- education &amp; information</li> <li>• <b>Aspen Youth Center</b>- information, mentoring</li> <li>• <b>The Buddy Program</b>- mentoring, parent workshops, case management</li> <li>• <b>Family Resource Center</b>- information resources</li> <li>• <b>Kids First</b>- assessment, consultations, referrals, parent trainings</li> <li>• <b>Roaring Fork School Health Center</b>- screening, education, coordination</li> <li>• <b>Valley Partnership for Drug Prevention</b>- SA prevention classes grades 5-12, media campaigns, parent &amp; teacher trainings, parent alliance</li> <li>• <b>YouthZone</b>- screening, assessment, referral to treatment, counseling, case management, scholarships</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Aspen Hope Center</b>- crisis assessment, referral</li> <li>• <b>Aspen School District</b>- referral to counselors</li> <li>• <b>The Buddy Program</b>- case management, referrals to outside agencies</li> <li>• <b>Family Resource Center</b>- funding &amp; case management to help Basalt students access intervention</li> <li>• <b>Mind Springs Health</b>- individual, family, group therapy for MH &amp; SU; SU evaluations for DUI &amp; MIP; detox</li> <li>• <b>Roaring Fork School Health Center</b>- mental health screening, medical intervention, referral to counselors</li> <li>• <b>Valley Partnership for Drug Prevention</b>- referrals</li> <li>• <b>YouthZone</b>- crisis assessment &amp; assistance, home detention, pre-trial supervision</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Aspen Hope Center</b>- crisis stabilization treatment</li> <li>• <b>The Buddy Program</b>- case management, counseling, extra-curricular activities scholarships</li> <li>• <b>Basalt High School</b>- Transitional Leadership Class</li> <li>• <b>Family Resource Center</b>- funding &amp; case management to help Basalt students access treatment</li> <li>• <b>Mind Springs Health</b>- individual, family, group therapy for mental health &amp; substance use; substance use evaluations for DUI &amp; MIP; detox</li> <li>• <b>Roaring Fork School Health Center</b>- assistance with creating support groups in school</li> <li>• <b>YouthZone</b>- mentoring, Seeking Safety group, case management</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Aspen Hope Center</b>- assist youth returning home from inpatient care</li> <li>• <b>The Buddy Program</b>- case management, support through mentoring relationships</li> <li>• <b>Family Resource Center</b>- funding &amp; case management to help Basalt students access aftercare</li> <li>• <b>Mind Springs Health</b>- case management, continuum of aftercare services</li> <li>• <b>Roaring Fork School Health Center</b>- mental health coordination, physical support</li> <li>• <b>YouthZone</b>- mentoring, Seeking Safety group, case management</li> </ul>

# Pitkin County Mental Health and Substance Abuse Primary Contacts for Youth Services

Agency Name	Phone Number	Website
Aspen Hope Center	970-456-2829 970-925-5858 (crisis)	<a href="http://www.aspenhopecenter.org">www.aspenhopecenter.org</a>
Aspen School District	970-925-3760	<a href="http://www.aspenk12.net/asd">http://www.aspenk12.net/asd</a>
Aspen Youth Center	970-925-4939	<a href="http://www.aspenyouthcenter.org/">http://www.aspenyouthcenter.org/</a>
Basalt High School	970-384-5959	<a href="http://bhs.rfsd.k12.co.us/">http://bhs.rfsd.k12.co.us/</a>
The Buddy Program	970-925-5717	<a href="http://www.buddyprogram.org/">http://www.buddyprogram.org/</a>
Family Resource Center	970-384-5855	<a href="http://frc.rfsd.k12.co.us/">http://frc.rfsd.k12.co.us/</a>
Kids First	970-920-5363	<a href="http://www.aspenpitkin.com/Departments/Kids-First">http://www.aspenpitkin.com/Departments/Kids-First</a>
Mind Springs Health-Aspen	970-920-5555 888-207-4004 (crisis)	<a href="http://www.mindspringshealth.org/treatment/locations/aspen">www.mindspringshealth.org/treatment/locations/aspen</a>
Mind Springs Health –Glenwood	970-945-2583 888-207-4004 (crisis)	<a href="http://www.mindspringshealth.org/treatment/locations/glenwood-springs">http://www.mindspringshealth.org/treatment/locations/glenwood-springs</a>
Roaring Fork School Health Center	970-384-6054	<a href="http://bhs.rfsd.k12.co.us/counseling/roaring-fork-school-health-centers.html">http://bhs.rfsd.k12.co.us/counseling/roaring-fork-school-health-centers.html</a>
Valley Partnership for Drug Prevention	970-925-5188	<a href="http://valleypartnershipaspen.org/">http://valleypartnershipaspen.org/</a>
YouthZone	970-920-5702	<a href="http://www.youthzone.com/">http://www.youthzone.com/</a>